

# **SightStation Kit Training Manual**

### 1. Introduction

Since 2005, God's Eyes has been on a mission to open both physical—and spiritual—eyes (Acts 26:17–18). The SightStation Kit brings that mission into your community —simply by handing someone a new pair of glasses. This kit provides everything you need to restore near vision and offer UV protection during your outreach event.

### By the end of this training, you will master:

- 1. Station Setup
- 2. Power Pick
- 3. Sunglass Screen

# 2. Contents of the SightStation Kit

- Four strengths of near-vision glasses: +1.00, +2.00, +3.00, +4.00
- Easy-reference card for common eye conditions
- Two sunglass styles (men's and women's) with UV-blocking lenses

# 3. Step-by-Step Procedures

## 1. Station Setup

- 1. Open the case and remove one pair in each of the following powers: +1.00, +2.00, +3.00, +4.00.
- Arrange the four pairs in order from 1-4 on a clean, flat surface with sufficient lighting.
- 3. Store all other glasses out of sight to avoid any confusion.

#### 2. Power Pick

- 1. Give reading material (~16 in / 40 cm away):
  - o *If they can read*: provide magazine, newspaper, or Bible in their language.
  - o *If they can't read text:* have them look at their phone screen, watch, or jewelry.
  - o **If nothing else is available**: have them look at their fingernails.
- 2. Explain: "You'll use the chosen reading/viewing material to decide which pair makes the letters or features clearest to see."
- 3. Ask them to compare the two pairs on the table in this exact order:
  - $\circ$  First round: +1.00 vs. +3.00  $\rightarrow$  note the clearer lens.
  - $\circ$  Second round: +2.00 vs. +4.00  $\rightarrow$  note the clearer lens.
  - Final round: compare the two winners from rounds one and two. If the two
    powers seem equally clear, choose the stronger one—especially if the participant
    is under 55, as their near-vision needs will continue to increase with age.
- 4. Once they have chosen the pair they see clearest with, hand them the new packaged glasses of that strength from your kit.

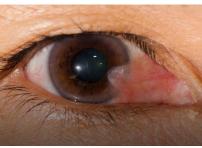
### Here are some of the example scenarios that may happen:

First Test	Second Test	Third Test (if needed)	Final Power
+1 vs. +3 → <b>+1</b> wins	+2 vs. +4 → <b>+2</b> wins	+1 vs. +2 → <b>+1</b> wins	+1.00
+1 vs. +3 → <b>+1</b> wins	+2 vs. +4 → <b>+2</b> wins	+1 vs. +2 → <b>+2</b> wins	+2.00
+1 vs. +3 → <b>+3</b> wins	+2 vs. +4 → <b>+4</b> wins	+3 vs. +4 → <b>+3</b> wins	+3.00
+1 vs. +3 → <b>+3</b> wins	+2 vs. +4 → <b>+4</b> wins	+3 vs. +4 → <b>+4</b> wins	+4.00

## 3. Sunglass Screen

- 1. Observe the participant's eyes for signs of:
  - o Pinguecula
  - Pterygium
  - Early cataracts







- 2. If you see visible signs of any of these, offer UV-blocking sunglasses without naming the condition. We are not diagnosing.
  - o Choose the men's or women's style based on the participant's gender.
  - Explain: "These sunglasses block harmful UV light, dust, wind, and glare to keep your eyes more comfortable and possibly prevent further damage."
- 3. Only offer sunglasses to those who truly need additional protection. Refer all participants with visible conditions to an eye care professional, if possible.

Condition	What it Looks Like	How Sunglasses Help
Pinguecula	Small, pimple-like bump on the white part of the eye near the iris	Shields the eye from UV and wind and may help slow progression
Pterygium	Fleshy, wing-shaped growth that extends toward the iris or pupil	Shields the eye from UV and wind and may help slow progression
Cataract	Cloudy or milky-white lens visible in the pupil	Reduces glare and UV exposure, which can ease bright-light discomfort and may slow lens clouding.

Visit <u>godseyes.com/training</u> to watch the full training video, explore the FAQ section, or email <u>bryan@godseyes.com</u> with any additional questions.